Aqualyte was formulated after extensive research into the prevention of dehydration and has been specifically formulated for prolonged use by athletes, workers and active individuals.

WHY AQUALYTE?

- Rapid absorption which prevents a feeling of fullness and keeps pace with sweat loss.
- Fewer calories and less acidic than many other sports drinks, making it a healthier alternative.
- Prevents dehydration thereby aiding performance and concentration in work and sport.
- Helps prevent fatigue by providing appropriate levels of energy for work or exercise.
- Maintenance of electrolyte levels.
- All natural flavours.
- Gluten free
- Cost effective and convenient.

PRODUCTS

ORANGE CITRUS, LEMON-LIME & BERRY
- 25g sachet makes up 600 ml
- 80g sachet makes up 2 litres
- 800g sachet makes up 20 litres

Aqualyte is a low sugar, HYPOTONIC fluid and electrolyte solution. It is scientifically formulated for rapid absorption to prevent dehydration and its effects on health and performance.

Hypotonic solutions promote faster absorption than isotonic drinks or plain water.