



Official Hydration Partner of **Basketball Australia**

Basketball Australia have been using Aqualyte this past year as the preferred competition and training hydration drink for our national teams, the Boomers, Chemist Warehouse Australian Opals, Rollers, Gliders as well as junior programs located at the Basketball Australia Centre of Excellence.

Having a low carbohydrate/sugar drink that is rapidly absorbed allowing for ideal hydration without bloating or gastric discomfort is essential for our athletes. Given its rapid absorption, players can and do consume Aqualyte throughout training and games to maximize their performance and avoid dehydration.

Our athletes train and compete in a range of environmental conditions around the world. While these can be especially harsh tropical climates, Aqualyte has assisted in ensuring adequate hydration in all conditions. Players' feedback has been extremely positive, especially in regard to the option of flavours and the mild taste. Many of our players are conscious of their sugar consumption and weight management and therefore appreciated that Aqualyte has a much lower sugar content than other similar products.

Basketball Australia would not hesitate to recommend Aqualyte to other sports teams who are aiming for peak performance.

Jan Legg - S & C Coach & Recovery
Chemist Warehouse Australian Opals